

Manual
for Installation
and Maintenance
of Vertical Guide-Rails
„GlideLoc“ fall arrest system

Anodised Aluminium	Part No. FS-SAL
Hot Dip Galvanized Steel	Part No. FS-SST
Pickled Stainless Steel	Part No. FS-SA4

Date: 22.03.2005

SE 6

Technical specifications are subject to change without notice.



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Notice!
In this issue the following has been changed: complete!

A General

- A 1. Anyone working with or on SÖLL fall protection systems in accordance with EN 353/part 1 must be familiar with these instructions prior to using the system. Use which is not in accordance with these instructions constitutes a risk to human life!
- A 2. The operator of the fall protection system must ensure that these instructions are either
- retained in a dry and secure condition at the installation or
 - retained by the operator, whereby he or she must ensure that the user is aware of the storage location of these instructions and that the documents are available anytime.
- A 3. If requested, the plant operator must present these instructions to the manufacturer of the fall protection system (Christian Dalloz Holding Deutschland GmbH & Co. KG or a dealer authorized by the same).
- A 4. The SÖLL fall protection system must be used in accordance with the instructions for the relevant SÖLL fall arrester.
- A 5. The assembling and use of SÖLL accessories to the corresponding fall protection systems must strictly adhere to the respective instructions for the assembling and use thereof.
- A 6. In case of the use of further personal protective equipment, relevant instructions must be followed.
- A 7. National regulations on accident prevention and use of safety equipment for construction work must be adhered to.
- A 8. Söll fall protection systems may only be fitted and used with original Söll components/elements. The combination with non-original components/elements may influence the safety of SÖLL fall protection systems. In such cases, Christian Dalloz Holding Deutschland GmbH & Co. KG and a dealer authorized by the same refuse to accept product liability. In addition, such systems are not properly approved and authorized since SÖLL fall protection systems are tested, approved and authorized as complete systems. Full liability will therefore rest with the operator.
- A 9. Söll fall protection components, made of stainless steel grade 1.4571 are pickled. They should be stored and further processed in an appropriate way.
- A 10. The check list (see Section F) must be fully and correctly compiled with indelible ink by the chief engineer of the installing company.
- A 11. Before and during the use of the installed fall protection system, the system must be visibly inspected to ensure that it is operating properly.
- A 12. While fastening clamps, the bars may deform a little. This may cause breaks to the layer of zinc. This has no adverse effect to safety, durability or corrosion resistance.
- A 13. With a weight of 100 kg and fall factor 2 situation (worst-case scenario) the height required under the feet of the user is at least 2 m.

- A 14. The system has been tested and approved by "Stelle 0158: EXAM BBG Prüf- und Zertifizier GmbH, Zertifizierungsstelle, Dinnendahlstraße 9, 44809 Bochum.

B Installation

B 1. The installation components consist of

- several guide-rail sections which may be fitted as required,
- A profile connector fixed on each guide rail section with:
version steel: 2 special bolts with nut and toothed lock washer
Aluminum and stainless steel version: 2 special bolts M12X30 with self-locking nut DIN 985.
- a corresponding amount of mounting brackets, which must be fixed with a maximum distance of 1680mm.

For every climbing path at least

- 1 "Bottom End Stop", Part No. 21049
- 1 "Top End Stop", Part No. 21050
or one "Rigid End Stop", Part No. 11634

All bolt connections shall be secured using the lock washers/nyloc nuts as delivered together with the referred bolts. Refer to Section D „Bolt connections/securing of bolts“.

B 2. Equipment required for easy mounting:

- 2 open wrenches, SW 19
- 1 open wrench, SW 17
- 1 open wrench, SW 13.

For mounting to existing structures:

- 2 fall arresters,
- 2 full body harnesses according to EN 361,
- 1 cantilever arm with pulley (for a max. load of 20 kg),
purchase order no. 17563, for lifting and lowering of guide-rail sections,
- 1 rope for cantilever arm, maximum diameter 12 mm, length as required,
- 1 toolbox,
- 2 walkie-talkies, and

Min. 1 additional safety lanyard according to EN 354/355 with energy absorber for each person to protect the climbing person against falls from height during the installation.

B 3. Personnel required for installation:

two persons

- B 4. Before installation, all guide-rail sections should be laid out in the mounting sequence (watch out for section numbers; this applies especially in case of curved climbing paths).

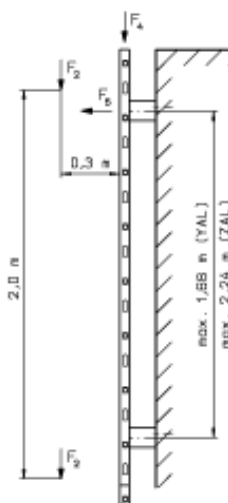
Caution:

If a recess (Fig. 4/Detail 1.3) is provided in one of the sections delivered, this section of the guide-rail must be used as **first element** of the climbing path if fitted from the bottom upward. It may **never** be used at higher levels since it would include the risk of a fall from a height, causing fatal injuries or damage to property.

- B 5. Components must be handled carefully. Guide-rail sections must not be thrown.
- B 6. Before installation, guide-rail sections must be cleaned from dirt - in particular on connecting surfaces. They should not come into contact with cement, mortar or similar substances. Residuals of mortar must be wiped off immediately. Especially the sliding surfaces for the fall arrester on the inside and outside of the guide-rail must be free of dirt.
- B 7. Damaged parts may neither be used nor repaired but must be replaced by new ones.
- B 8. According to DIN 18799-3, in order to fix ladders/iron steps at smoke stacks, the minimum dimension for the bolts is M12.
- B 9. We specifically stress that only those dowels may be used which are permitted by site inspection engineers.

For concrete structures we recommend the use of injection anchor or undercut dowels (such as Hilti, Fischer, UPAT or Liebig); follow technical instructions given by the manufacturer.

In case of installation on brick wall constructions we recommend you to consult the responsible design engineer for an approval in each specific case.



Use the following instructions to calculate the anchoring forces. Always select the least favourable loading result.

- Extreme influences (fall accident):
In case a load $F_4 = 6 \text{ kN}$ acting along the centre of the ladder is to be assumed. This load may be distributed over four mounting brackets (if available).
- Varying influences (loads appearing during use):
In this case it shall be assumed that loads $F_2 = 1,5 \text{ kN}$ appears at a distance of 30 cm in front of the ladder centre and in distances of 2 m from each other influence the installation. Also consider a horizontal load $F_5 = 0,3 \text{ kN}$ influencing the attachment at the most unfavourable location.

- B 10. Use a recommended mounting distance between brackets of 1.400 mm up to a max. of 1.680 mm.

- B 11. When the climbing path ends on a platform, the ladder/guide-rail must rise at least 1000 mm above the upper edge of the platform. If the last anchorage point is situated more than 380 mm below the end of the rail, a reinforcement profile of 50 x 30 x 3 mm has to be used that:
- extends over the last two mounting brackets
 - is connected to the rail at distances of 560 mm
 - does not have any rail connection
- B 12. In case of lying structures (e.g. antenna towers) or in case a scaffolding is at hand we recommend the ladder system be installed from the **top and downwards**.

For upright structures (e.g. buildings) the installation shall be performed from the **ground and upwards**.

B 13. **Caution:**

By using a mounting distance of 1120 mm, the installation of the ladder may be carried out without a scaffold. When using a greater mounting distance, an installation scaffold is required. The person installing the equipment uses a full-body harness and a fall arrester. In order to be protected against a fall from a height where the fall arrester slips from the rail, or the not completely installed ladder bends backwards, the installer must always use a safety lanyard with shock absorber in accordance to EN 354/355 or a retaining rope in accordance with EN 358 (see Fig. 1).

Warning!

The proper functioning of the fall arrester can only be guaranteed in that part of the guiding rail that is located between gated end stops as well as during proper use.

Installation or dismounting of the fall arrester on the guiding rail as well as moving beyond the gated end stop may only be done in a safe position (e.g., firm ground, safe platform).

Fig. 1

B 14. The anchorage point must always be above the suspension eyelet on the back.

Fig. 1



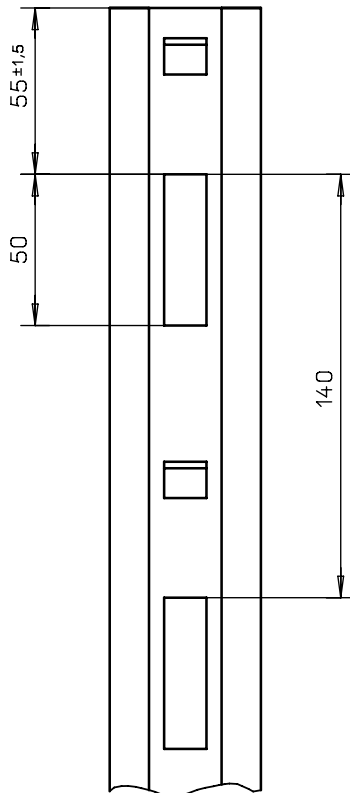
Warning:

Never use the side stringer of a twin ladder for anchorage purposes!

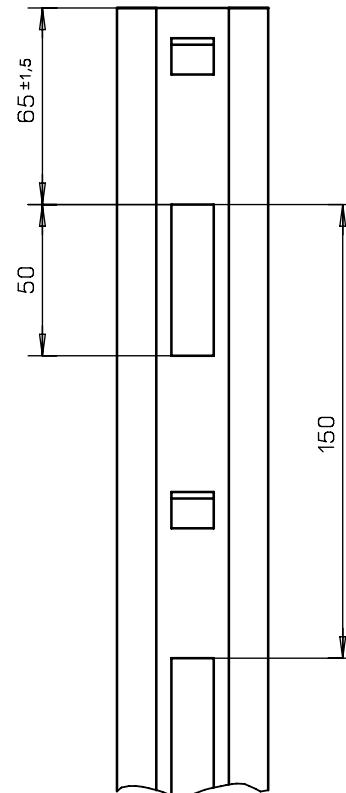
B 15. Punching of the guide rails.

Two kinds of punching are available:

Punching distance 140 mm



Punching distance 150 mm



The choice depends on the rung distance between the iron steps / iron steps climbing ways or the existing ladder.

To shorten guide rails:

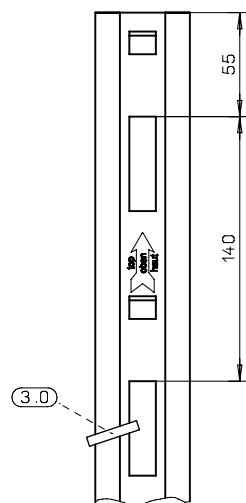
In case a guide rail must be shortened on site, the measurements indicated on the drawing are to be observed!

B 16. Labeling of the guide rails

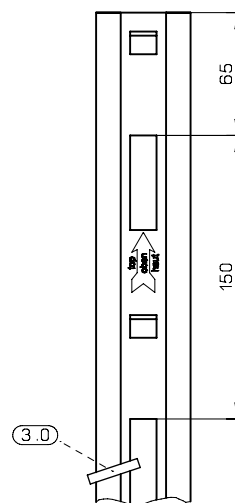
To prevent from wrong assembling, all guide rails (steel, stainless steel, aluminum) are marked by the manufacturer with a red plastic ribbon at the upper end (3.0) as well as with a stamping.

The stamping is placed always directly underneath the upper oblong hole.

Punching distance 140 mm



Punching distance 150 mm



Indication:

During assembling of the guide rail, the arrow **must** always show upwards!

Fig. 2a, b

- B 17. Before mounting the guide-rail sections to the ladder/step irons, the mounting brackets (2.0) are loosely to be attached to the guide rail (1.1) at a distance of max. 1680 mm.

Important:

Each guide rail section **must** be fixed at least one time!

Comment:

Two ladder sections jointed together by means of an exit section (part No. 11317/16978) are to be considered as one single ladder section. **An exit section is not a ladder connection!**

Attention:

The **recommended fixing distance is 1.400mm**, 1.680mm at a maximum, whereas for each climbing way at least 4 mounting brackets must be used.

Exceptions:

For ladder sections with a max. length of 2240 mm the use of two mounting brackets is acceptable. For sections up to 3920 mm a minimum of three brackets shall be used. Make sure that the mounting brackets used (and their support structure) are suited to absorb a load of 6 kN. (see sect. B 10)

Independently from our maximum fixing distance, the BGI 691 sets as a rule:

Retrofitting of step iron paths:

Guide rails can be assembled into step iron paths only if the guide rail is fixed to each third step iron; here, it must be assured that the step irons used are able to support the load.

Retrofitting of climbing ladder paths:

The guide rail must be fixed to the rung or to the spar at a distance of 4 rungs at maximum.

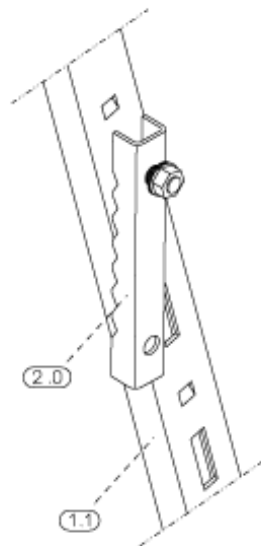
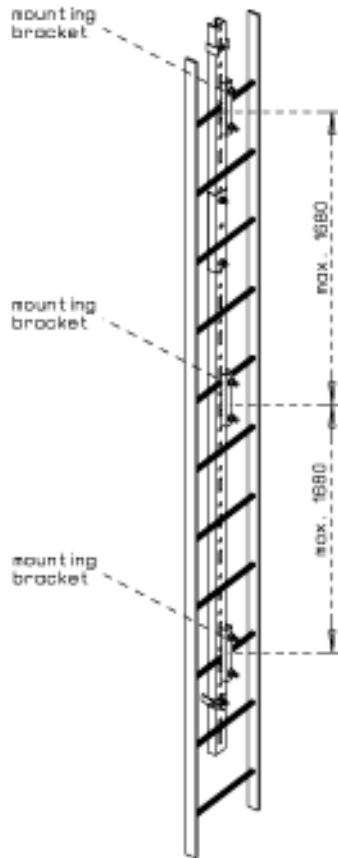
Fig. 2a

Fig. 2b **Mounting distance: 1680 mm**



B 18. Torque ranges:

When tightening mounting screws in **steel quality 8.8** used in combination with tooth lock washers the following tightening torque range is recommended:

Screw size:	M 10	M 12	M 16	M 20
	20 Nm	25 Nm	60 Nm	120 Nm

When tightening mounting screws in **stainless steel quality 1.4571** in combination with Söll supplied auto-locking nuts (DIN 985) the following torque range is recommended:

Screw size:	M 10	M 12	M 16	M 20
	40 Nm	45 Nm	85 Nm	150 Nm

Fig. 3

B 19. Attach the first part of the guide rail (1.1), with red plastic ribbon (3.0), the stamping as well as the notches (1.2) must show upwards, in the center of the rungs/iron steps. Screw the clamp (2.0) on the rung/iron step by means of the second fixing screw. Adjust the guide rails (1.1) perpendicularly and tighten them. In this case, the required screw retention (pls. Refer to section E) must be used.

Fig. 3a - Steel version

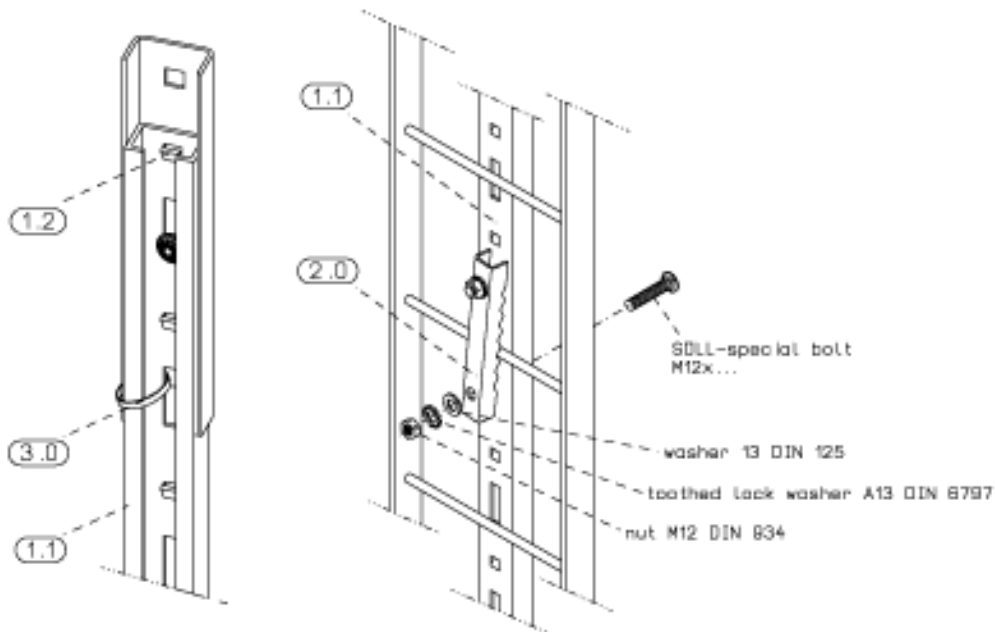
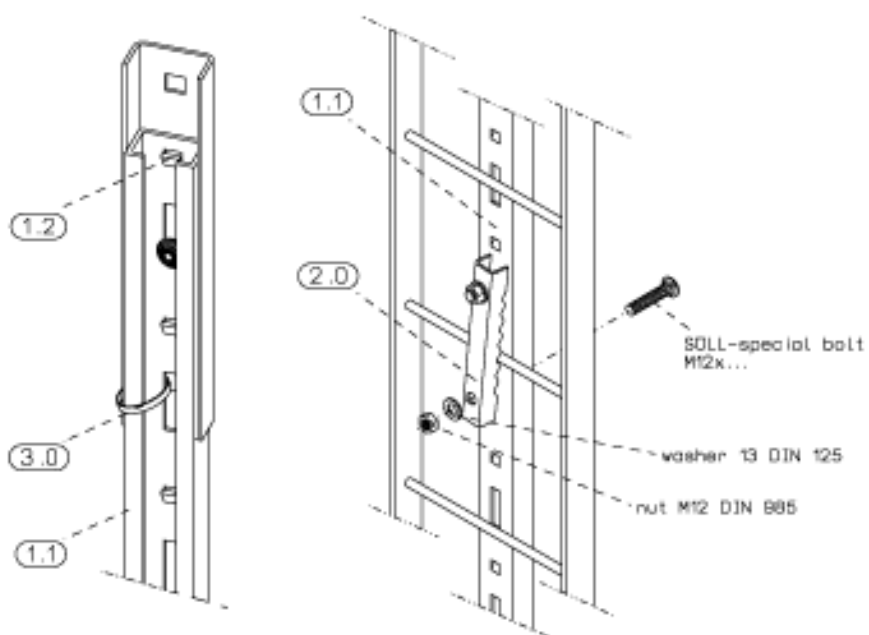


Fig. 3b - Stainless steel / aluminum version



Warning:

12 The red ribbon plastic (3.0) at the top of each ladder section is not an end stop!

Fig. 4

- B 20. In case the „bottom end stop“ (4.0) has not already been mounted by the manufacturer, than it must be fixed with the guide rail (1.1) from the rear through the oblong hole so that the „bottom end stop“ (4.0) is at least 260 mm and 575mm at a maximum above the recess (1.3). The locking bolt (4.1) of the end stop must be on the right side of the guide rail (1.1).

The "Bottom End Stop" prevents the fall arrester from being inserted incorrectly and from accidentally sliding out of the rail.

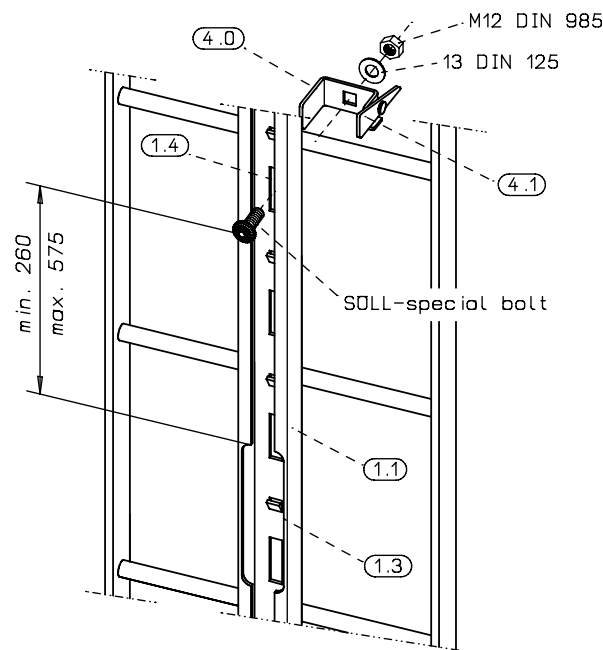
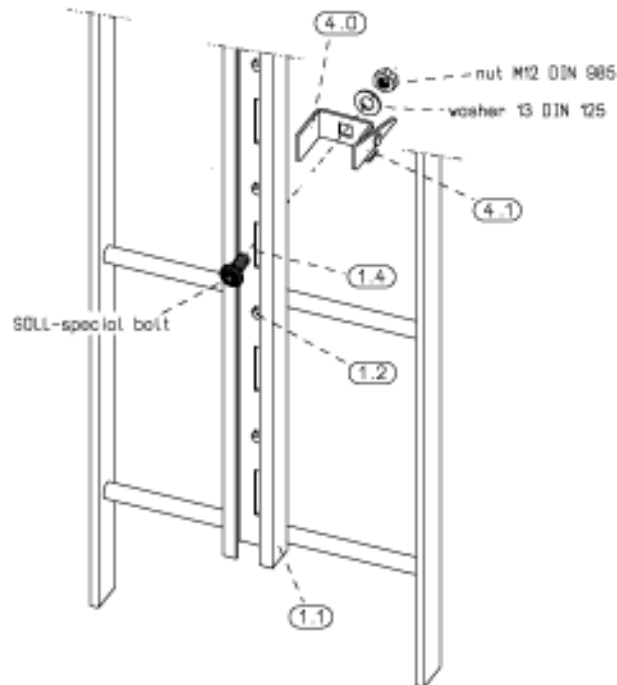
Fig. 4

Fig. 5

- B 21. In case there is no recess, the „bottom end stop“ (4.0) must be mounted in the oblong hole **above the 2nd. notch** (1.2). In this case, please make sure that the locking bolt (4.1) is on the right side of the guide rail (1.1)

Fig. 5**Warning:**

In order to prevent the incorrect insertion of the **fall arrester**, it must only be inserted **after** the „**Bottom End Stop**“ has been installed.

Warning:

The red PVC-strap (see fig. 3/det. 3.0) must only be surpassed with a fall arrester when the next ladder section:

- is properly connected to the lower ladder section
- and is attached to the support structure by means of at least one mounting bracket.

During the installation work the fall arrester must never pass the last bracket that has been properly attached to the support structure (refer to item B 14/B 15).

B 22. Special case:

If a vertical ladder is not mounted directly at ground level, 2 „lower ascending locks“ must be fitted:

- The first (A) directly at the beginning, above the 2nd. notch of the ladder, in order to prevent incorrect attachment of the fall arrester (see also Point B 19., B 20.), and
- the other (B) at a height of approx. 1,600 mm, in order to prevent the operator from losing his footing when descending.

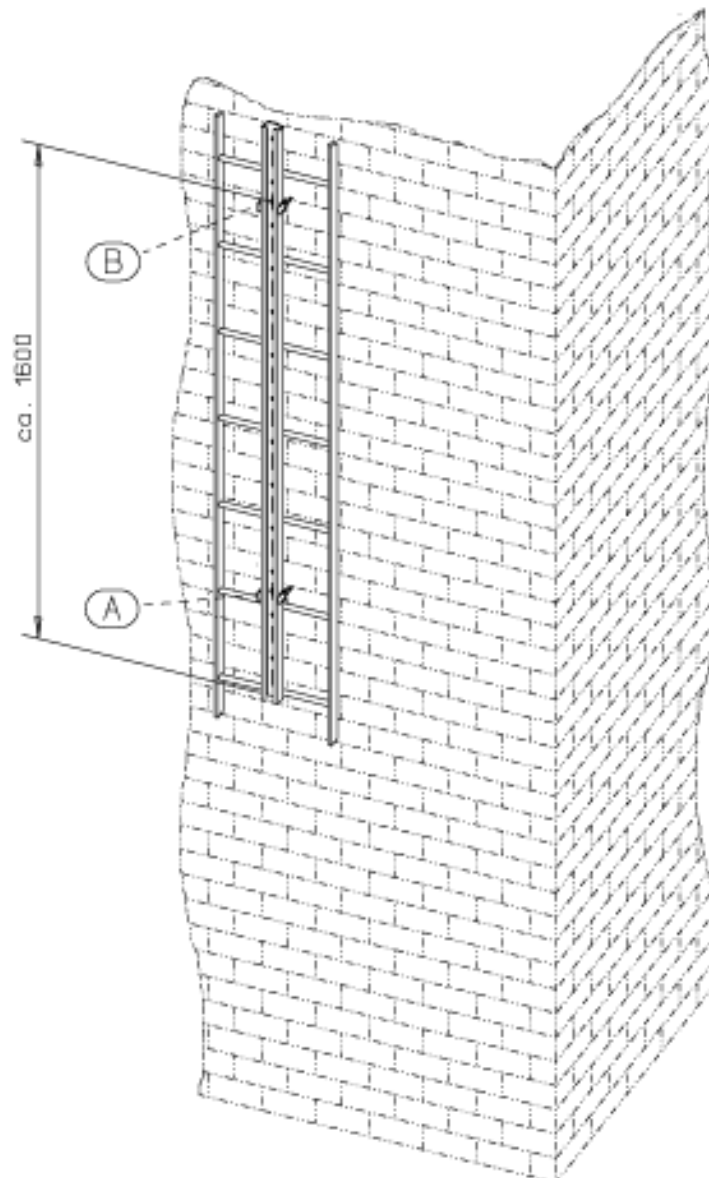
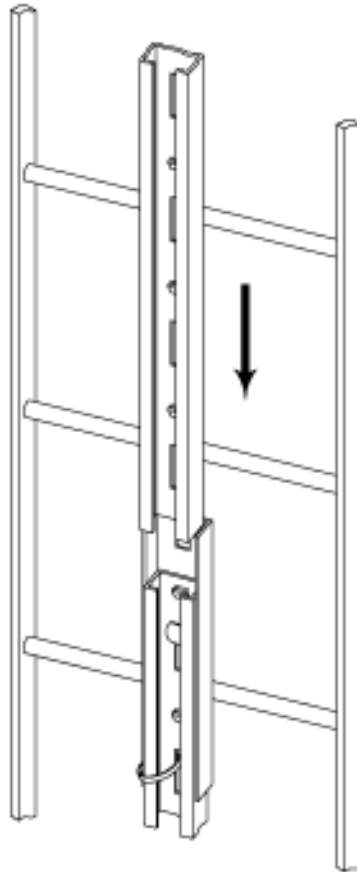


Fig. 6

- B 23. The next guide-rail section to mount must be rested against the structure and inserted vertically into the guide-rail section which has already been fixed.

Fig. 6**B 24. Minimum Gap Width:**

Mounting recommendations:

- Under positive ambient temperature, gap width 2 mm
- Under negative ambient temperature, gap width 3 mm
- During re-examination, make sure that the maximum gap width of 5 mm is not exceeded (independently from the ambient temperature)

Fig. 7

B 25. Insert the upper bolt (5.0) of the rail connector (6.0) as shown. The nut should only be tightened when the added ladder section is in alignment with the lower one and at least one bracket of the upper section has been fixed. Secure bolt.

Fig. 7a - Version: steel

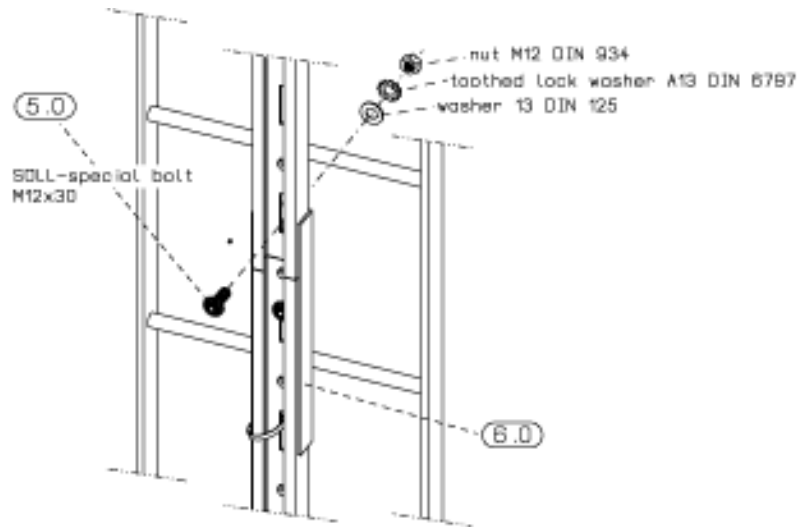
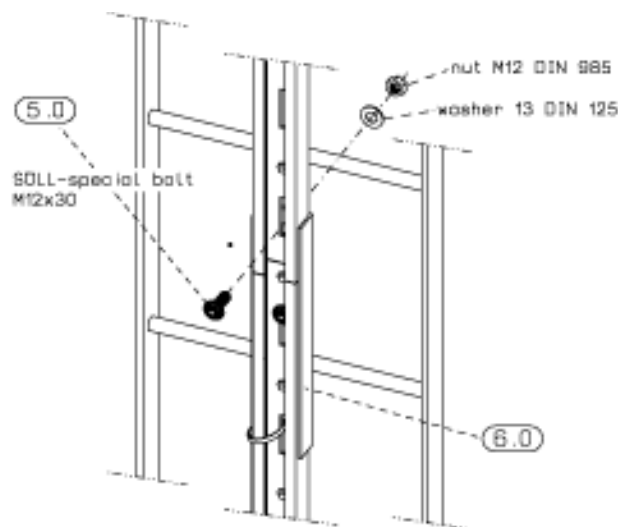


Fig. 7b - Version: stainless steel



Note:

The bolts pre-assembled in the plant must also be secured!

B 26. **Now** cut plastic ribbon (Fig. 3/Detail 3.0) of the lower guide-rail section.

Fig. 8

B 27. In case the rungs / step irons impedes the connection of two guide rails, the guide rails can be bolted together through the upper and low square hole of the profile connection piece (6.0). Here, the guide rail must be fixed on the long side of the profile connecting part at a maximum of 560mm away from the joint.

Fig. 8 - Depiction of the steel version

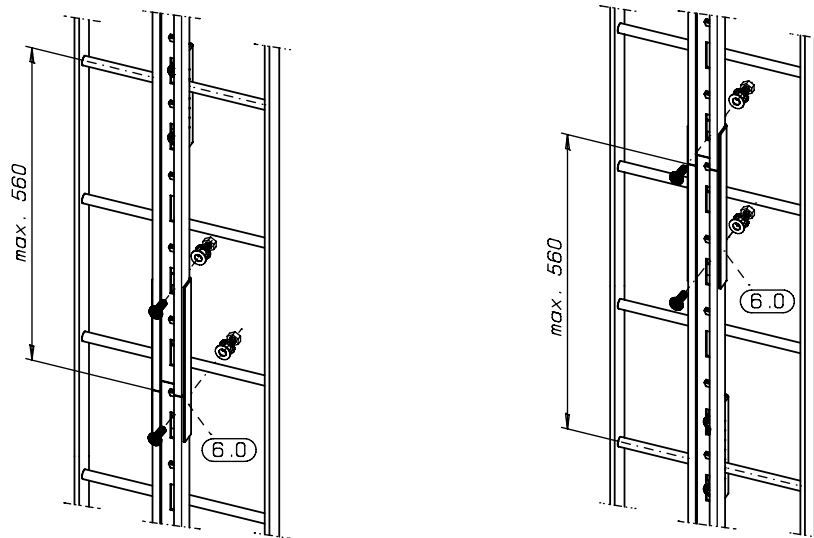


Fig. 9

B 28. The three following alternatives are possible in total for the connecting part:

Fig. 9

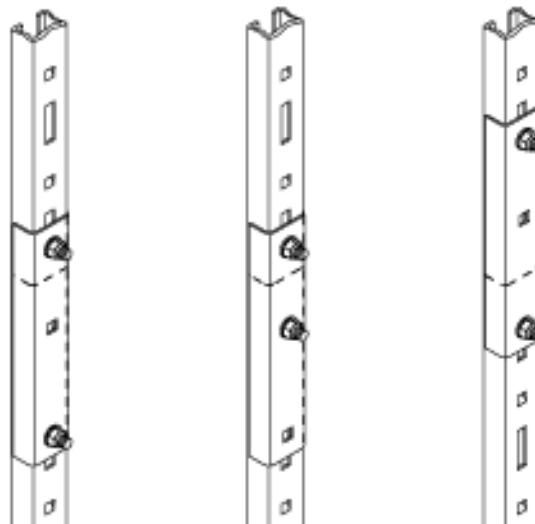


Fig. 10
B 29. Caution:

When the climbing path ends on a platform, the ladder must rise at least 1000 mm above the upper edge of the platform. For design reasons the guide rail of the ladder must be reinforced if, at the end of the ladder run, the guide-rail rises more than 525 mm above the last mounting bracket. **Projections of more than 380 mm without extra reinforcement are not permitted.**

Warning:

Unsupported ladder sections with a length of more than 380 mm are not allowed without reinforcement profiles!

When installing the stainless steel / hot dip galvanized steel reinforcement profile 50 x 30 x 3 mm / Aluminium 50x50x4 mm the following shall be noted:

- the reinforcement profile shall be connected to the ladder from the rear at intervals of 560 mm
- The spar support must reach at least beyond 4 step irons/rungs downwards.
- along the total length of the reinforcement profile no ladder joints are allowed
- the reinforcement profile must be in one section only

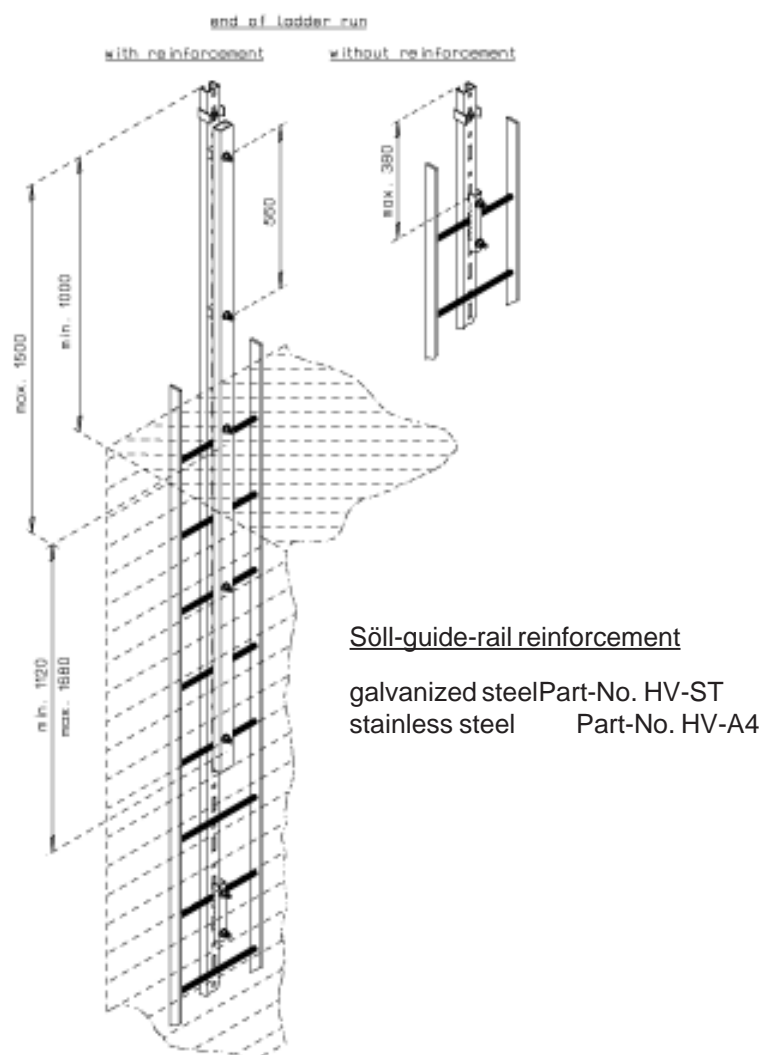
Fig. 10


Fig.11a and 11b

B 30. A „Top end stop“ (7.0) or a fix end stop (8.0) must be installed in the topmost closed square hole (1.4) of the guide rail. The „**Top end stop**“ (7.0) prevents from incorrect insertion or unintended gliding out of the fall arrester. The „**fix end stop**“ (8.0) avoids generally to leave the guide rail with the fall arrester.

Fig. 11a

The „**Top end stop**“ must be fixed so that the arresting block (7.1) in on the right side of the guide rail (1.1)

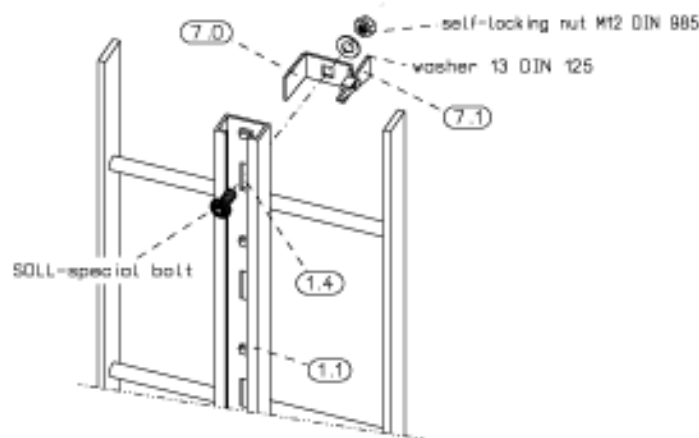


Fig. 11.b

The „**fix end stop**“ must be fixed so that both side pieces (8.1) clasp the guide rail (1.1) from the forefront.

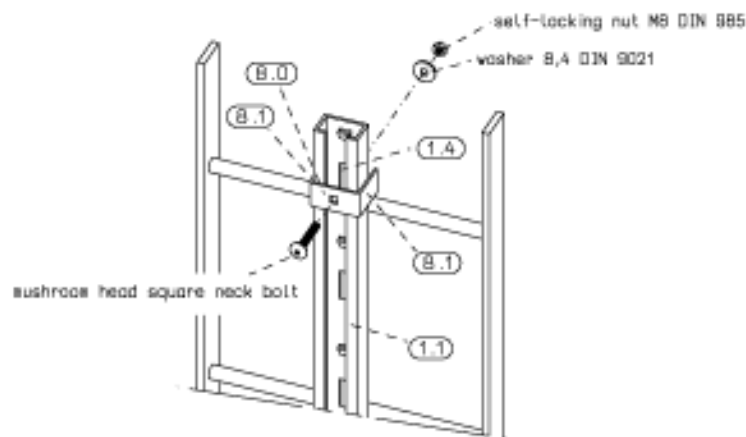


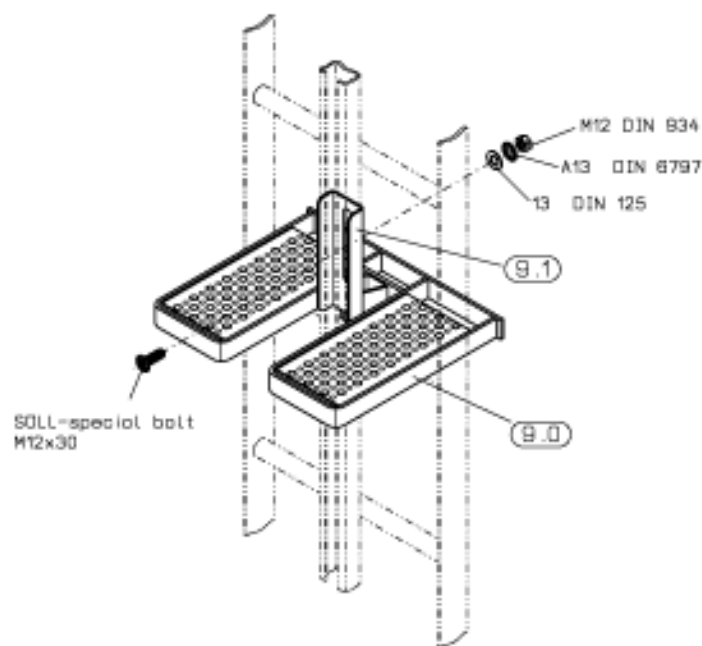
Fig 12a und 12b
B 31. Mounting of foot rests (9.0) (10.0)

If included in delivery, shift the hinge (9.1) (10.1) over the central spar and fix it on it by means of the enclosed SÖLL – special bolt.

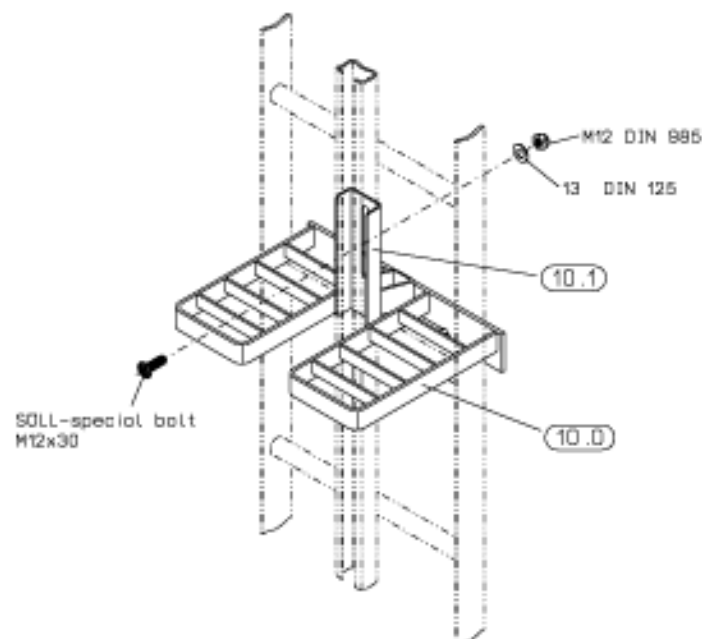
Assembling indication:

The unfolded rest platform must overlie horizontally of the rung of the ladder

Version: steel, hot-dip galvanized.

Fig. 12a


Version: stainless steel, pickled

Fig. 12b


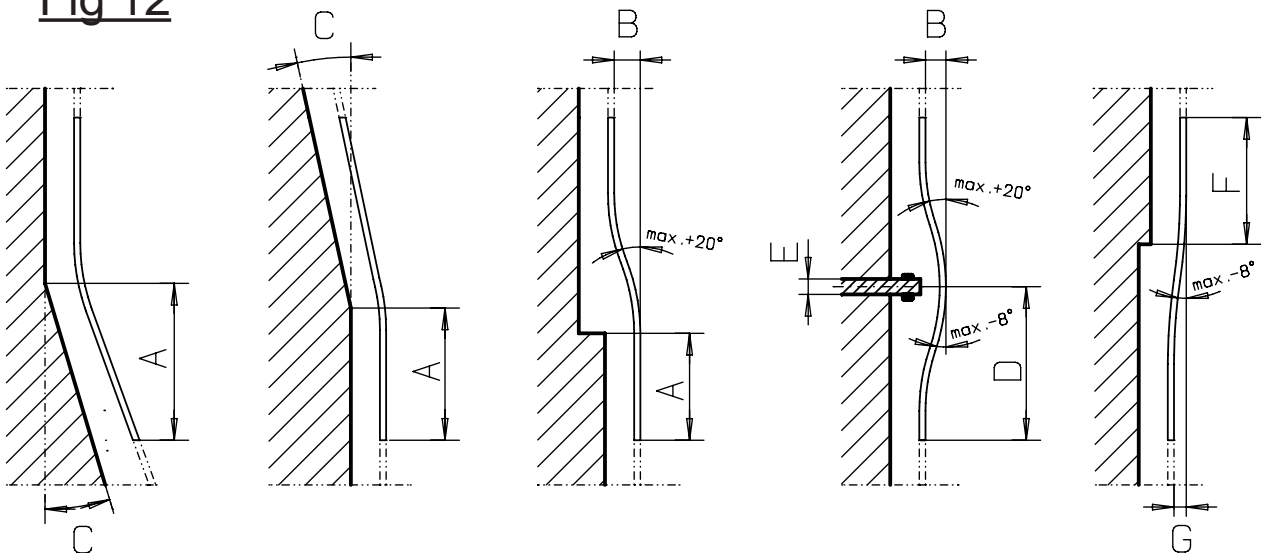
C Information regarding curves

C 1. For guide rails the below are the smallest possible bending radii:

Part No.	Page	Article	Minimum radius in mm
FS-SAL	C 1	Anodized aluminium	2250
FS-SST	C 1	Galvanized steel	1000
FS-SA4	C 1	Stainless steel pickled	1000

C 2. Curve types

Fig 12



- A** = Bottom edge of ladder to salient point of structure
- B** = Of-set
- C** = Angle (**max. 15°**)
- D** = Bottom edge to centre of obstruction
- E** = Width of obstruction
- F** = Upper edge of ladder to off-set
- G** = Of-set (**max 260 mm**)

C 3. For fall arrest systems type "GlideLoc™" the following are the maximum permissible curve angles:

Curve type	max. curve angle
III	+ 20 °
IV	- 8 ° up to + 20 °
V	- 8 °

D Inspection and approval

Note:

Particular attention is required when ascending and descending the first 2 m of ladder, as it may not be possible to prevent the user from falling to the ground.

Both before and during use, consideration should be given to how rescue operations can be performed safely and effectively.

A fall protection device according to EN 353 Part 1 should only be used by persons who

- have been trained and/or are otherwise proficient in its use, or
- are under the direct supervision of a person who has been trained and/or is otherwise proficient in its use.

At the "OK to climb" inspection the following details have to be considered:

- Every ladder section needs to have at least one mounting bracket
- The connection between two ladder sections must be flush and smooth
- Always check the following screw connections:
 - > Clamp to rung/step iron
 - > connections between ladder sections
 - > attachment of end stops to rail
- all screw connections have to be properly tightened and secured against unintended opening (refer to section E). Even bolts pre-assembled in the factory must be checked and secured where appropriate.
- the stop lever in end stops must automatically fall into lock position.

Note:

Installer shall agree with system owner about the necessary quantity of fall arresters (e.g. Compact) needed. Every system shall include at least two fall arresters.

E Bolt connections/securing of bolts

At use of hot dip galvanised screws the tooth washer ensures satisfactory securing of the screw/nut connection.

At use of stainless steel screws self-locking nuts (nyloe or similar) shall be used.

F Maintenance

Warning:

The fall arrest system must not be used if defects have been noted or in case of doubts as to its proper function. Before further use an inspection by a competent person is needed or the defective parts have to be replaced.

- F 1. Fall arrest systems shall as need arises, however at least once per year be inspected and approved by competent person.

Exceptions:

Rigid type fall arrest systems with a guided fall arrester should be inspected as need arises by a competent person.

According to BGI 691, guide rails of fall protection systems on smoke stacks must be inspected by a competent person as required, however, at least at intervals of two years.

Competent person is a:

person who thanks to his education and experience in the field of personal protective equipment against falls from height has sufficient knowledge about applicable state and local safety regulations, applicable standards (e.g. EN-standards) and is thus capable and thus authorized by Söll of judging the correct status and use of systems and products against falls from height.

- F 2. Fall arresters must be examined by a competent person at least once a year and after every fall incident. In such cases refer to the relevant instructions of the fall arrester.
- F 3. Check the proper condition and functioning of all elements of the fall protection system before and during use.
- F 4. The end stops (Fig. 4/detail 4.0; Fig. 9a/b/detail 7.0/8.0) at the lower and upper end of the climbing path must have been installed. The pivotable lever (Fig. 4/detail 4.1; Fig. 9a/detail 7.1) at the right hand side of the rail must independently snap back into its initial position and thus block the fall arrester.
- F 5. Guide-rails must always be free of dirt.
- F 6. All bolt connections must be tightly fastened and secured, see section E.
- F 7. At every location of a fall arrest system where a fall arrester may be connected or disconnected to the system a permanent sign board with the following information shall be displayed:
- Year of manufacture
 - System manufacturer's or importer's name
 - Type of fall system e.g. DIN EN 353-1
 - "Anyone using the system shall use a full body safety harness and an appropriate fall arrester"

- 24 **Note:** Sign Boards may consist of stamped aluminium plates.

G Check list for the inspection and approval of Söll-GlideLoc fall arrest systems. Vertical Guide-Rails

Aluminium	Part No. FS-SAL
Hot dip galvanized steel	Part No. FS-SST
Pickled stainless steel	Part No. FS-SA4

The check list on pages 26-28 must be fully and correctly compiled by the chief engineer of the installing company by means of an indelible pen. He is responsible for the correctness of all the information provided therein. Any checkpoint with a "No" remark must be explained under the defects, irregularities on page 28.

Control Activity

Remarks
(please cross)
yes no

- | | | |
|--|--------------------------|--------------------------|
| • Each guide rail section has been fixed minimum one time | <input type="checkbox"/> | <input type="checkbox"/> |
| • The gaps at the guide-rail joints comply with section B 20. | <input type="checkbox"/> | <input type="checkbox"/> |
| • The bolt connections between structure and mounting elements comply with sections B 24. | <input type="checkbox"/> | <input type="checkbox"/> |
| • The bolt connections between structure and mounting elements comply with sections B 8 and B 9. | <input type="checkbox"/> | <input type="checkbox"/> |
| • The mounting elements are correctly installed and all bolt connections are tightly fastened. (tightening torques as per section B 18 are used) | <input type="checkbox"/> | <input type="checkbox"/> |
| • Even screwed connections pre-assembled in the factory were inspected (for tightening torques see Section B 18) | <input type="checkbox"/> | <input type="checkbox"/> |
| • All bolt connections are secured against loosening in accordance with section D. | <input type="checkbox"/> | <input type="checkbox"/> |
| • A "Bottom End Stop" has been installed at the beginning of the climbing path in accordance with sections B 19/20. | <input type="checkbox"/> | <input type="checkbox"/> |
| • A "Top End Stop" or a "Rigid End Stop" has been installed at the upper end of the climbing path in accordance with section B 28. | <input type="checkbox"/> | <input type="checkbox"/> |
| • If the ascent route does not start directly at ground level, 2 ascending locks must be fitted as described in Section B 21. | <input type="checkbox"/> | <input type="checkbox"/> |
| • Resting platforms have been properly installed at a distance of 10 m and were tested for function. | <input type="checkbox"/> | <input type="checkbox"/> |
| • In accordance with section B26 there are no rail projections of more than 380 mm without extra reinforcement. | <input type="checkbox"/> | <input type="checkbox"/> |
| • The rail reinforcement was installed in accordance with section B 26. | <input type="checkbox"/> | <input type="checkbox"/> |
| • The maximum permissible bending angle for the bending parts has been observed (pls. Refer to section C). | <input type="checkbox"/> | <input type="checkbox"/> |
| • The guide-rails are free of dirt. | <input type="checkbox"/> | <input type="checkbox"/> |

Safety in Action

- Only anticorrosive, or hot dip galvanized mounting elements and bolt connections have been used.
- The SÖLL fall arrester can only be inserted into the guide-rail in the direction in which it runs.
- System owner has at least two Söll fall arresters.
- Identification plate is available
- Test climbing has taken place.
- No defects or shortcomings found.
- This manual was handed over to the operator.
- Only original components from Christian Dalloz Holding Deutschland GmbH & Co. KG were used.

Please turn over!

